

THE DIFFERENCE WE MAKE

“It was fantastic to receive a telephone physio consultation within a day of referral. I’m very pleased with the service - it has helped me to continue my work.”

“I am over the moon with the new carpets, I find walking much safer - there are no ridges or loose bits to trip on. I am a happy man and grateful for the generous grant.”

“A heartfelt thanks for your generous contribution to the re-rendering of the outside of our house. We can now sleep easier knowing our walls are weatherproof.”

“My most grateful thanks for helping with the cost of the stair lift. It makes my life so much easier and is a godsend.”

“My sincere thanks for the generous donation towards the funeral costs of my late husband. The bill is now settled in full and it’s one less worry for me.”



WORKING WITH PARTNERS

Our partners are very important to us. Some work directly with seafarers in the community and contact us if they think we can help. They also give us feedback on our services and suggest what else we might do. Some provide funding to test out new services, or help fund existing services such as SAIL.

If you or your organisation are interested in working with us or have ideas about new services for seafarers, we want to hear from you.

CONTACT US

☎ 020 8858 3696

@ admin@seahospital.org.uk

🌐 www.seahospital.org.uk

🐦 @seahospital



Seafarers Hospital Society
29 King William Walk, Greenwich, London SE10 9HX

Registered charity number 231724



SEAFARERS HOSPITAL SOCIETY



Supporting seafarers and their families
since 1821

WHO WE ARE

The Seafarers Hospital Society is a long-established maritime charity dedicated to meeting the health, welfare and advice needs of seafarers.

We provide support to seafarers and their dependants, and to some of the maritime organisations that care for them. We also provide access to a range of other services, from physiotherapy to counselling, hospital care to respite.

If you are a merchant seafarer or fisherman, or have worked at sea in the past, we're here to help you and the people who depend on you. Some of our services are available to Royal Navy personnel too.



WHAT WE DO

Life at sea is tough and you need to keep fit and healthy to stay in work. But that can be challenging at times.

That's where the Seafarers Hospital Society comes in. Much of what we do is aimed at helping seafarers to get healthy and stay healthy so they can continue to work at sea or lead a more comfortable life on shore or in retirement.

Each year the Society directly helps over 1,500 seafarers. We offer a wide range of support, including:

Free health and wellbeing services

We provide access to health and wellbeing services at no cost to seafarers. This includes:

- free, fast-track physiotherapy, provided quickly and locally through a national network of providers
- free access to Big White Wall, a confidential mental health and wellbeing service available 24/7 online, including one-to-one counselling.



Free national telephone advice service for seafarers

The Seafarers' Advice and Information Line (SAIL) is a national telephone advice service for all seafarers, including the Royal Navy, provided in partnership with Greenwich Citizens Advice Bureaux. SAIL provides free, confidential and impartial advice and information on a wide range of issues from welfare benefits to housing and employment.

Grants

We provide grants for emergencies or when money is short. We cover anything from stairlifts to washing machines, mobility scooters to help with funeral costs.

The Dreadnought

The Dreadnought offers priority medical treatment for seafarers. It is based at Guy's and St Thomas' Hospital in London and is supported by the Society in a number of ways.

Pilot projects

We are keen to try out new ways of working with seafarers and have led the way on a number of health and wellbeing projects.

We are currently piloting:

- a specialist dementia nurse in the community
- a programme of health checks and practical wellbeing support for fishermen and their families

Self-help guides

We produce a number of health-related self-help guides, including *Get Fit, Look Good, Feel Good* - a fitness book for seafarers, and *Fisherman* - a health manual for fishermen.